



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Larisch, Eveline

Club: LG Oerlighausen/Team Erdinger Alkoholfrei
Number: 308

Course: 67.00 km
67 km Lauf

Category:
Seniorinnen W35

Total time: 8:51:37

Speed: 7.56 km/h
Running performance: 7:56 min/km

Rank in course/Total: 66 (of 80)

Rank in course/Women: 15 (of 20)

Best time in course: 5:43:06

Rank in category: 4(of 4)

Best time in the category: 6:11:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:33:09	7:51	3	46:25	14	50:51	19.50	2:33:09	7:51	3	46:25	7	12:31
Kühude	20.50	2:40:33	7:49	3	48:48	14	55:21	40.00	5:13:42	7:50	4	1:35:13	7	34:07
Nasse Wiese	20.50	2:56:51	8:37	4	56:40	16	1:09:28	60.50	8:10:33	8:06	4	2:31:53	7	58:19
Finish	6.50	41:04	6:19	3	9:49	13	12:51	67.00	8:51:37	7:56	4	2:39:52	15	3:08:31