



# 8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

## Detailed evaluation

van Wezel, Helma

Club: Klarenbeek

Number: 528

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W65

Total time: 6:25:28

Speed: 6.54 km/h

Running performance: 9:11 min/km

Rank in course/Total: 65 (of 67)

Rank in course/Women: 12 (of 12)

Best time in course: 4:20:04

Rank in category: 1(of 1)

Best time in the category: 6:25:28

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Nasse Wiese	19.50	2:48:19	8:37	1	-	12	52:17	19.50	2:48:19	8:37	1	-	12	52:17
Obersorpe	8.00	1:11:04	8:52	1	-	12	24:20	27.50	3:59:23	8:42	1	-	12	1:16:37
Finish	14.50	2:26:05	10:04	1	-	12	48:47	42.00	6:25:28	9:10	1	-	12	2:05:24