



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

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Club: Brühl

Number: 615

Course: 42.00 km

42 km Lauf

Category:

Senioren M55

Total time: 6:26:45

Speed: 6.52 km/h

Running performance: 9:13 min/km

Rank in course/Total: 66 (of 67)

Rank in course/Men: 54 (of 55)

Best time in course: 3:03:07

Rank in category: 11(of 11)

Best time in the category: 3:57:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:41:19	8:16	11	58:29	53	1:19:32	19.50	2:41:19	8:16	11	58:29	27	26:16
Obersorpe	8.00	1:21:44	10:13	11	38:50	54	47:50	27.50	4:03:03	8:50	11	1:37:19	27	49:55
Finish	14.50	2:23:42	9:54	11	51:28	54	1:16:16	42.00	6:26:45	9:12	11	2:28:47	54	3:23:38