



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Mehlfeld, Thorsten

Club: Lübecker SC

Number: 315

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 9:01:23

Speed: 7.43 km/h

Running performance: 8:05 min/km

Rank in course/Total: 70 (of 80)

Rank in course/Men: 54 (of 60)

Best time in course: 4:42:05

Rank in category: 13(of 16)

Best time in the category: 5:19:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:31:16	7:45	13	57:41	54	1:08:28	19.50	2:31:16	7:45	13	57:41	25	18:00
Kühude	20.50	2:39:16	7:46	13	1:02:34	53	1:13:11	40.00	5:10:32	7:45	13	1:59:08	25	32:24
Nasse Wiese	20.50	3:03:46	8:57	13	1:22:58	53	1:36:48	60.50	8:14:18	8:10	12	3:19:31	24	41:33
Finish	6.50	47:05	7:14	12	22:05	49	22:52	67.00	9:01:23	8:04	13	3:41:36	54	4:19:18