



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Witt, Werner

Club: SV Dickenberg

Number: 349

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 9:10:49

Speed: 7.30 km/h

Running performance: 8:13 min/km

Rank in course/Total: 71 (of 80)

Rank in course/Men: 55 (of 60)

Best time in course: 4:42:05

Rank in category: 14(of 16)

Best time in the category: 5:19:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:31:34	7:46	14	57:59	55	1:08:46	19.50	2:31:34	7:46	14	57:59	26	18:18
Kühude	20.50	2:42:37	7:55	14	1:05:55	54	1:16:32	40.00	5:14:11	7:51	14	2:02:47	26	36:03
Nasse Wiese	20.50	3:03:20	8:56	12	1:22:32	52	1:36:22	60.50	8:17:31	8:13	13	3:22:44	25	44:46
Finish	6.50	53:18	8:11	13	28:18	50	29:05	67.00	9:10:49	8:13	14	3:51:02	55	4:28:44