



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch  
Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

**Meyer, Tammo**

Club: DAV Siegburg  
Number: 1132

Course: 14.00 km  
14 km Lauf

Category:  
Senioren M45

Total time: 1:26:26

Speed: 9.72 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 47 (of 70)

Rank in course/Men: 35 (of 46)

Best time in course: 55:18

Rank in category: 7(of 9)

Best time in the category: 58:50