



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

San Juan, Nicole

Club: Miesenbach

Number: 217

Course: 67.00 km

67 km Lauf

Category:

Seniorinnen W30

Total time: 9:26:13

Speed: 7.10 km/h

Running performance: 8:27 min/km

Rank in course/Total: 72 (of 80)

Rank in course/Women: 17 (of 20)

Best time in course: 5:43:06

Rank in category: 1(of 1)

Best time in the category: 9:26:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Nasse Wiese | 19.50 | 2:42:00 | 8:18 | 1 | - | 17 | 59:42 | 19.50 | 2:42:00 | 8:18 | 1 | - | 5 | 21:22 |
| Kühude | 20.50 | 2:49:59 | 8:17 | 1 | - | 17 | 1:04:47 | 40.00 | 5:31:59 | 8:17 | 1 | - | 5 | 52:24 |
| Nasse Wiese | 20.50 | 3:02:36 | 8:54 | 1 | - | 17 | 1:15:13 | 60.50 | 8:34:35 | 8:30 | 1 | - | 4 | 1:22:21 |
| Finish | 6.50 | 51:38 | 7:56 | 1 | - | 17 | 23:25 | 67.00 | 9:26:13 | 8:27 | 1 | - | 17 | 3:43:07 |