



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Weber, Burkhard

Club: Renniere e.V.

Number: 238

Course: 101.00 km

101 km Lauf

Category:

Senioren M50

Total time: 9:37:03

Speed: 10.50 km/h

Running performance: 5:43 min/km

Rank in course/Total: 4 (of 98)

Rank in course/Men: 4 (of 84)

Best time in course: 8:25:02

Rank in category: 1(of 22)

Best time in the category: 9:37:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:49:16	5:36	1	-	7	19:51	19.50	1:49:16	5:36	12	-	61	-
Kühude	20.50	1:53:03	5:30	1	-	5	17:24	40.00	3:42:19	5:33	12	-	61	-
Rhein-Weser-Tur	17.00	1:33:32	5:30	1	-	4	20:47	57.00	5:15:51	5:32	12	-	61	-
Kühude	17.00	1:38:27	5:47	1	-	4	11:16	74.00	6:54:18	5:35	12	-	61	-
Nasse Wiese	20.50	2:08:16	6:15	1	-	4	13:17	94.50	9:02:34	5:44	12	-	59	-
Finish	6.50	34:29	5:18	1	-	6	6:12	101.00	9:37:03	5:42	1	-	4	1:12:01