



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Vollenberg, Klaus

Club: ASC Schmallenberg

Number: 1573

Course: 67.00 km

67 km Lauf

Category:

Senioren M65

Total time: 10:03:52

Speed: 6.66 km/h

Running performance: 9:01 min/km

Rank in course/Total: 74 (of 80)

Rank in course/Men: 56 (of 60)

Best time in course: 4:42:05

Rank in category: 3(of 3)

Best time in the category: 7:40:38

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Nasse Wiese | 19.50 | 2:35:44 | 7:59 | 3 | 27:14 | 57 | 1:12:56 | 19.50 | 2:35:44 | 7:59 | 3 | 27:14 | 27 | 22:28 |
| Kühude | 20.50 | 2:54:49 | 8:31 | 3 | 35:17 | 55 | 1:28:44 | 40.00 | 5:30:33 | 8:15 | 3 | 1:02:31 | 27 | 52:25 |
| Nasse Wiese | 20.50 | 3:34:48 | 10:28 | 2 | 1:01:32 | 56 | 2:07:50 | 60.50 | 9:05:21 | 9:00 | 2 | 2:04:03 | 26 | 1:32:36 |
| Finish | 6.50 | 58:31 | 9:00 | 2 | 19:11 | 53 | 34:18 | 67.00 | 10:03:52 | 9:00 | 3 | 2:23:14 | 56 | 5:21:47 |