



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Vollenberg, Klaus

Club: ASC Schmallenberg

Number: 1573

Course: 67.00 km

67 km Lauf

Category:

Senioren M65

Total time: 10:03:52

Speed: 6.66 km/h

Running performance: 9:01 min/km

Rank in course/Total: 74 (of 80)

Rank in course/Men: 56 (of 60)

Best time in course: 4:42:05

Rank in category: 3(of 3)

Best time in the category: 7:40:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:35:44	7:59	3	27:14	57	1:12:56	19.50	2:35:44	7:59	3	27:14	27	22:28
Kühude	20.50	2:54:49	8:31	3	35:17	55	1:28:44	40.00	5:30:33	8:15	3	1:02:31	27	52:25
Nasse Wiese	20.50	3:34:48	10:28	2	1:01:32	56	2:07:50	60.50	9:05:21	9:00	2	2:04:03	26	1:32:36
Finish	6.50	58:31	9:00	2	19:11	53	34:18	67.00	10:03:52	9:00	3	2:23:14	56	5:21:47