



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Ickert, Peter

Club: Marathon 4 You

Number: 299

Course: 67.00 km

67 km Lauf

Category:

Senioren M50

Total time: 10:15:49

Speed: 6.53 km/h

Running performance: 9:11 min/km

Rank in course/Total: 76 (of 80)

Rank in course/Men: 57 (of 60)

Best time in course: 4:42:05

Rank in category: 15(of 16)

Best time in the category: 5:19:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:42:50	8:21	16	1:09:15	59	1:20:02	19.50	2:42:50	8:21	15	1:09:15	29	29:34
Kühude	20.50	3:10:35	9:17	16	1:33:53	57	1:44:30	40.00	5:53:25	8:50	15	2:42:01	29	1:15:17
Nasse Wiese	20.50	3:25:07	10:00	14	1:44:19	55	1:58:09	60.50	9:18:32	9:13	14	4:23:45	28	1:45:47
Finish	6.50	57:17	8:48	14	32:17	51	33:04	67.00	10:15:49	9:11	15	4:56:02	57	5:33:44