



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Heinz, Claudia

Club: fat fighters

Number: 114

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:00:23

Speed: 10.93 km/h

Running performance: 05:26 min/km

Rank in course/Total: 164 (of 218)

Rank in course/Women: 23 (of 42)

Best time in course: 45:08

Rank in category: 5(of 7)

Best time in the category: 45:23