



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Köhler, Jan

Club: Haller Fuchs

Number: 123

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 53:24

Speed: 12.36 km/h

Running performance: 04:49 min/km

Rank in course/Total: 90 (of 218)

Rank in course/Men: 82 (of 176)

Best time in course: 36:19

Rank in category: 15(of 29)

Best time in the category: 41:27