



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Kuno, Wilfried

Club: Gotha

Number: 125

Course: 11.10 km

City-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:10

Speed: 11.75 km/h

Running performance: 05:04 min/km

Rank in course/Total: 121 (of 218)

Rank in course/Men: 108 (of 176)

Best time in course: 36:19

Rank in category: 6(of 11)

Best time in the category: 43:46