



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Rabe, Thomas

Club: Saalfeld

Number: 135

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:58

Speed: 12.23 km/h

Running performance: 04:52 min/km

Rank in course/Total: 98 (of 218)

Rank in course/Men: 89 (of 176)

Best time in course: 36:19

Rank in category: 22(of 39)

Best time in the category: 44:07