



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Dunkel, Frank

Club: SV Normania Treffurt

Number: 18

Course: 11.10 km

City-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:15

Speed: 11.95 km/h

Running performance: 04:59 min/km

Rank in course/Total: 109 (of 218)

Rank in course/Men: 99 (of 176)

Best time in course: 36:19

Rank in category: 21(of 31)

Best time in the category: 43:19