



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

Thöring, Michael

Club: Erfurt  
Number: 146

Course: 11.10 km  
City-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:04:34

Speed: 10.22 km/h  
Running performance: 05:49 min/km

Rank in course/Total: 185 (of 218)

Rank in course/Men: 156 (of 176)

Best time in course: 36:19

Rank in category: 28(of 29)

Best time in the category: 41:27