



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Tröder, Jürgen

Club: TTC Gotha 04

Number: 149

Course: 11.10 km

City-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:04:18

Speed: 10.26 km/h

Running performance: 05:47 min/km

Rank in course/Total: 184 (of 218)

Rank in course/Men: 155 (of 176)

Best time in course: 36:19

Rank in category: 10(of 11)

Best time in the category: 43:46