



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Frank, Fabian**

Club: FSV 1950 Gotha e.V.

Number: 160

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 58:35

Speed: 11.27 km/h

Running performance: 05:17 min/km

Rank in course/Total: 149 (of 218)

Rank in course/Men: 132 (of 176)

Best time in course: 36:19

Rank in category: 7(of 9)

Best time in the category: 36:28