



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Recknagel, Michael

Club: Suhl

Number: 284

Course: 11.10 km

City-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 53:10

Speed: 12.41 km/h

Running performance: 04:47 min/km

Rank in course/Total: 84 (of 218)

Rank in course/Men: 77 (of 176)

Best time in course: 36:19

Rank in category: 14(of 31)

Best time in the category: 43:19