



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Pflüger, Jens**

Club: TSV - Sundhausen

Number: 295

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 57:39

Speed: 11.45 km/h

Running performance: 05:11 min/km

Rank in course/Total: 136 (of 218)

Rank in course/Men: 121 (of 176)

Best time in course: 36:19

Rank in category: 24(of 29)

Best time in the category: 41:27