



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Nedziella, Marco

Club: Schwabhausen

Number: 298

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 56:48

Speed: 11.62 km/h

Running performance: 05:07 min/km

Rank in course/Total: 128 (of 218)

Rank in course/Men: 114 (of 176)

Best time in course: 36:19

Rank in category: 22(of 29)

Best time in the category: 41:27