



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Kurtz, Ralf**

Club: Erfurt

Number: 307

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 48:32

Speed: 13.72 km/h

Running performance: 04:22 min/km

Rank in course/Total: 54 (of 218)

Rank in course/Men: 51 (of 176)

Best time in course: 36:19

Rank in category: 14(of 39)

Best time in the category: 44:07