



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

#### Eisenhardt, Hagen

Club: Gotha

Number: 318

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:08

Speed: 11.16 km/h

Running performance: 05:20 min/km

Rank in course/Total: 154 (of 218)

Rank in course/Men: 135 (of 176)

Best time in course: 36:19

Rank in category: 34(of 39)

Best time in the category: 44:07