



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Volk, Tino

Club: Tabarz

Number: 329

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 44:50

Speed: 14.72 km/h

Running performance: 04:02 min/km

Rank in course/Total: 21 (of 218)

Rank in course/Men: 21 (of 176)

Best time in course: 36:19

Rank in category: 4(of 39)

Best time in the category: 44:07