



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Nessel, Torsten

Club: Easy Fun

Number: 333

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:05

Speed: 11.36 km/h

Running performance: 05:14 min/km

Rank in course/Total: 144 (of 218)

Rank in course/Men: 127 (of 176)

Best time in course: 36:19

Rank in category: 33(of 39)

Best time in the category: 44:07