



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt

Number: 31

Course: 11.10 km

City-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 45:30

Speed: 14.51 km/h

Running performance: 04:06 min/km

Rank in course/Total: 30 (of 218)

Rank in course/Men: 28 (of 176)

Best time in course: 36:19

Rank in category: 2(of 11)

Best time in the category: 43:46