



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Pokahr, Viola

Club: Sonntagsläufer Tambach-Dietharz

Number: 339

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:22:21

Speed: 8.09 km/h

Running performance: 07:25 min/km

Rank in course/Total: 215 (of 218)

Rank in course/Women: 42 (of 42)

Best time in course: 45:08

Rank in category: 6(of 6)

Best time in the category: 49:56