



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Hempel, Kristin

Club: USV Erfurt

Number: 340

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 45:23

Speed: 14.54 km/h

Running performance: 04:05 min/km

Rank in course/Total: 28 (of 218)

Rank in course/Women: 2 (of 42)

Best time in course: 45:08

Rank in category: 1(of 7)

Best time in the category: 45:23