



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Höpfner, Ralf

Club: Gotha

Number: 34

Course: 11.10 km

City-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:06

Speed: 12.09 km/h

Running performance: 04:58 min/km

Rank in course/Total: 107 (of 218)

Rank in course/Men: 97 (of 176)

Best time in course: 36:19

Rank in category: 20(of 31)

Best time in the category: 43:19