



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Kahl, Lilith

Club: SV Olympia Neustadt

Number: 38

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 57:59

Speed: 11.38 km/h

Running performance: 05:13 min/km

Rank in course/Total: 142 (of 218)

Rank in course/Women: 17 (of 42)

Best time in course: 45:08

Rank in category: 4(of 7)

Best time in the category: 45:23