



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Kühnpast, Frank**

Club: Saalfelder LV

Number: 45

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:53

Speed: 12.25 km/h

Running performance: 04:51 min/km

Rank in course/Total: 97 (of 218)

Rank in course/Men: 88 (of 176)

Best time in course: 36:19

Rank in category: 21(of 39)

Best time in the category: 44:07