



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Zenker, Falko

Club: Marineclub Gotha

Number: 5

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 54:34

Speed: 12.10 km/h

Running performance: 04:55 min/km

Rank in course/Total: 101 (of 218)

Rank in course/Men: 91 (of 176)

Best time in course: 36:19

Rank in category: 23(of 39)

Best time in the category: 44:07