



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Lier, Gerd

Club: Gü-We Läufer

Number: 49

Course: 11.10 km

City-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:53

Speed: 11.81 km/h

Running performance: 05:02 min/km

Rank in course/Total: 116 (of 218)

Rank in course/Men: 104 (of 176)

Best time in course: 36:19

Rank in category: 22(of 31)

Best time in the category: 43:19