



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Thurm, Ingo**

Club: sc impuls erfurt

Number: 69

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 41:27

Speed: 15.92 km/h

Running performance: 03:44 min/km

Rank in course/Total: 5 (of 218)

Rank in course/Men: 5 (of 176)

Best time in course: 36:19

Rank in category: 1(of 29)

Best time in the category: 41:27