



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Wahl, Immo

Club: Nofretete e. V.

Number: 72

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 58:54

Speed: 11.21 km/h

Running performance: 05:19 min/km

Rank in course/Total: 152 (of 218)

Rank in course/Men: 134 (of 176)

Best time in course: 36:19

Rank in category: 8(of 9)

Best time in the category: 36:28