



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Wenzel, Ralf

Club: Th. Forstsportverein

Number: 75

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 47:22

Speed: 13.93 km/h

Running performance: 04:16 min/km

Rank in course/Total: 44 (of 218)

Rank in course/Men: 42 (of 176)

Best time in course: 36:19

Rank in category: 9(of 39)

Best time in the category: 44:07