



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 79

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:07:47

Speed: 9.83 km/h

Running performance: 06:07 min/km

Rank in course/Total: 196 (of 218)

Rank in course/Men: 165 (of 176)

Best time in course: 36:19

Rank in category: 39(of 39)

Best time in the category: 44:07