



## 21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

### Detailed evaluation

**Kornhas, Christoph**

Club: SV Emsetal

Number: 96

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 42:15

Speed: 15.62 km/h

Running performance: 03:49 min/km

Rank in course/Total: 7 (of 218)

Rank in course/Men: 7 (of 176)

Best time in course: 36:19

Rank in category: 2(of 9)

Best time in the category: 36:28