



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Bäster, Manfred

Club: SC Impuls Erfurt

Number: 100

Course: 11.10 km

City-Lauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:07:22

Speed: 9.80 km/h

Running performance: 06:04 min/km

Rank in course/Total: 195 (of 218)

Rank in course/Men: 164 (of 176)

Best time in course: 36:19

Rank in category: 3(of 4)

Best time in the category: 52:02