



21. Gothaer Sparkassen-Citylauf

Gotha / 11.05.2014

Detailed evaluation

Bechmann, Rico

Club: Sonntagsläufer Tambach Dietharz

Number: 101

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 45:03

Speed: 14.78 km/h

Running performance: 04:04 min/km

Rank in course/Total: 25 (of 218)

Rank in course/Men: 25 (of 176)

Best time in course: 36:19

Rank in category: 4(of 9)

Best time in the category: 36:28