



2. Arnstädter Alteburgstaffellauf

Arnstadt / 21.05.2014

Detailed evaluation

Sparkasse Arnstadt-Ilmenau

Club: Sparkasse Arnstadt-Ilmenau

Number: 3

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 30:43

Speed: 11.72 km/h

Running performance: 5:07 min/km

Rank in course: 11 (of 26)

Best time in course: 26:22

Rank in category: 11(of 26)

Best time in the category: 26:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	5:23	4:29	7	1:00	7	1:00	1.20	5:23	4:29	17			17	
Wechsel	1.20	6:23	5:19	13	1:11	13	1:11	2.40	11:46	4:54	17			17	
Wechsel	1.20	6:58	5:48	17	1:42	17	1:42	3.60	18:44	5:12	17			17	
Wechsel	1.20	6:37	5:30	13	1:44	13	1:44	4.80	25:21	5:16	17			17	
Finish	1.20	5:22	4:28	8	0:34	8	0:34	6.00	30:43	5:07	11	4:21	11	4:21	