



2. Arnstädter Alteburgstaffellauf

Arnstadt / 21.05.2014

Detailed evaluation

Angelhäuser Freizeitläufer

Club: Angelhäuser Freizeitläufer

Number: 14

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 37:07

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course: 20 (of 26)

Best time in course: 26:22

Rank in category: 20(of 26)

Best time in the category: 26:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	8:04	6:43	23	3:41	23	3:41	1.20	8:04	6:43	7	2:28	7	2:28
Wechsel	1.20	8:00	6:40	21	2:48	21	2:48	2.40	16:04	6:41	7	3:15	7	3:15
Wechsel	1.20	7:14	6:01	18	1:58	18	1:58	3.60	23:18	6:28	7	4:10	7	4:10
Wechsel	1.20	6:58	5:48	16	2:05	16	2:05	4.80	30:16	6:18	7	3:58	7	3:58
Finish	1.20	6:51	5:42	20	2:03	20	2:03	6.00	37:07	6:11	20	10:45	20	10:45