



2. Arnstädter Alteburgstaffellauf

Arnstadt / 21.05.2014

Detailed evaluation

Laufteam Indoorbau

Club: Laufteam Indoorbau

Number: 8

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:35

Speed: 12.59 km/h

Running performance: 4:46 min/km

Rank in course: 5 (of 26)

Best time in course: 26:22

Rank in category: 5(of 26)

Best time in the category: 26:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:02	4:11	3	0:39	3	0:39	1.20	5:02	4:11	23		23	
Wechsel	1.20	5:24	4:30	4	0:12	4	0:12	2.40	10:26	4:20	23		23	
Wechsel	1.20	5:39	4:42	4	0:23	4	0:23	3.60	16:05	4:28	23		23	
Wechsel	1.20	6:30	5:25	12	1:37	12	1:37	4.80	22:35	4:42	23		23	
Finish	1.20	6:00	5:00	14	1:12	14	1:12	6.00	28:35	4:45	5	2:13	5	2:13