



2. Arnstädter Alteburgstaffellauf

Arnstadt / 21.05.2014

Detailed evaluation

Hammerecki`s

Club: Hammerecki`s

Number: 2

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:59

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course: 6 (of 26)

Best time in course: 26:22

Rank in category: 6(of 26)

Best time in the category: 26:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:33	4:37	10	1:10	10	1:10	1.20	5:33	4:37	22		22	
Wechsel	1.20	5:40	4:43	8	0:28	8	0:28	2.40	11:13	4:40	22		22	
Wechsel	1.20	5:51	4:52	8	0:35	8	0:35	3.60	17:04	4:44	22		22	
Wechsel	1.20	5:44	4:46	6	0:51	6	0:51	4.80	22:48	4:45	22		22	
Finish	1.20	6:11	5:09	17	1:23	17	1:23	6.00	28:59	4:49	6	2:37	6	2:37