



2. Arnstädter Alteburgstaffellauf

Arnstadt / 21.05.2014

Detailed evaluation

Die Stadionleichtathleten Arnstadt

Club: Die Stadionleichtathleten Arnstadt

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 29:20

Speed: 12.27 km/h

Running performance: 4:53 min/km

Rank in course: 9 (of 26)

Best time in course: 26:22

Rank in category: 9(of 26)

Best time in the category: 26:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:10	5:08	15	1:47	15	1:47	1.20	6:10	5:08	20	0:34	20	0:34
Wechsel	1.20	5:44	4:46	9	0:32	9	0:32	2.40	11:54	4:57	20		20	
Wechsel	1.20	5:49	4:50	7	0:33	7	0:33	3.60	17:43	4:55	20		20	
Wechsel	1.20	5:57	4:57	7	1:04	7	1:04	4.80	23:40	4:55	20		20	
Finish	1.20	5:40	4:43	10	0:52	10	0:52	6.00	29:20	4:53	9	2:58	9	2:58