



9. Walking Day am Möhnesee  
Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Heitmann, Ernst

Club: Hohe Ward Gazellen/TuS-Hiltrup  
Number: 12165

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:36:42

Speed: 7.45 km/h

metres in height up: 218

Course score: 15.27

performance score: 114 Points