



9. Walking Day am Möhnesee  
Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Laubvogel, Sabine

Club: LTV Hirschberg

Number: 12221

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:39:51

Speed: 7.21 km/h

metres in height up: 218

Course score: 15.27

performance score: 110 Points