



9. Walking Day am Möhnesee Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Lenze, Nadine

Club: Warstein-Niederbergheim

Number: 12194

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:40:55

Speed: 7.13 km/h

metres in height up: 218

Course score: 15.27

performance score: 109 Points