



9. Walking Day am Möhnesee  
Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Gamon, Birgit

Club: Team NRW

Number: 12176

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:46:05

Speed: 6.79 km/h

metres in height up: 218

Course score: 15.27

performance score: 104 Points