



9. Walking Day am Möhnesee
Möhnesee-Körbecke / 31.05.2014

Detailed evaluation

Lalk, Elke

Club: TuS Falke Berlebeck
Number: 16118

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:03:05

Speed: 7.80 km/h

metres in height up: 262
Course score: 19.93

performance score: 166 Points