



## 9. Walking Day am Möhnensee Möhnensee-Körbecke / 31.05.2014

### Detailed evaluation

Lalk, Elke

Club: TuS Falke Berlebeck

Number: 16118

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:03:05

Speed: 8.09 km/h

metres in height up: 262

Course score: 19.93

performance score: 166 Points